

creative outdoors

schools and groups



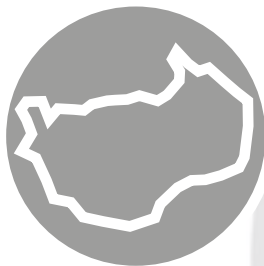
MULTI ACTIVITY WEEK
TEAM BUILDING
DUKE OF EDINBURGH'S AWARD
TASTER SESSION



SOUTH EAST ENGLAND



NORTH WALES



SOUTH WALES



LAKE DISTRICT



you CHOOSE

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	PER PERSON	PER GROUP
Multi Activity Week	£450	£9500 (for 24 students)
Team Building	From £45	From £495
Activity Taster Session	£25	POA
DofE Physical - Archery & Climbing	From £250	From £1500
DofE Physical - Canoeing & Mountain Biking	From £350	From £2100
DofE Skills - Bronze NNAS	£140	£840
DofE Skills - Silver NNAS	£160	£960
DofE Skills - Emergency First Aid at Work	£125	£750
DofE Skills - First Aid at Work	£180	£1080
DofE Training Weekend - Walking	From £70	From £420
DofE Practice Expedition - Walking	From £90	From £540
DofE Assessed Expedition - Walking	From £70	From £420
DofE Training Weekend - Canoeing & Cycling	From £100	From £600
DofE Practice Expedition - Canoeing & Cycling	From £70	From £720
DofE Assessed Expedition - Canoeing & Cycling	From £70	From £420
First Aid	From £60	POA
Fire Safety	From £30	From £300
Manual Handling	From £30	From £300

Multi Activity Week courses are ideal for classes or year groups, usually between the ages of 13 and 18. You will normally arrive in North Wales for the course on Sunday evening where you will have a chance to meet the Creative Outdoors team and learn about what you will be doing. There will be 5 days of activities with the course finishing on the Friday evening ready for you to return home to tell everyone about your experiences.

Activities are likely to vary slightly depending on the amount of students on the course, the age range, ability and the weather conditions during the week but you are likely to experience kayaking, canoeing, raft building, hill walking, land navigation, climbing, abseiling, mountain biking, survival and bushcraft and team challenges. All equipment is provided for these activities.

Qualifications in some activities are possible depending on the course size and prior knowledge or the group. You could leave the week with awards such as British Canoeing 1 or 2 star, Bronze or Silver National Navigation Awards and Creative Outdoors climbing and mountain biking levels 1 or 2.

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Accommodation will be in youth hostel style rooms with all food provided for the trip. Each activity group will be organised so that there is a range of ages and abilities where applicable but groups can be discussed during the planning phase to help you get what you want out of your students.

Our instructors are experienced and qualified in all areas of training provided during the week and hold current DBS clearances. We would be very happy to confirm and qualifications or areas of the week's organisation on request.

We can provide all the paperwork you require to clear the trip through your Trips Coordinator and will liaise with you to ensure all the preparation is complete well before the start date. We can also come in to deliver parent information sessions if you require it.

Team Building is ideal for any age group and can be used to build confidence in each other, highlight key learning points in areas of the curriculum or introduce new students to an already close knit year group. Whatever the need we can provide a tailor made package that will have students enjoying and learning from the activities. For more information on team building please see our [Team Building Information Sheet](#).

Activity Taster Sessions can be used as individual one off activities to raise the profile of an event, help with fundraising for a charity or provide an exciting change of pace from other activities or studies. We can also provide weekly sessions to compliment your extra-curricular programme that students can attend regularly and build in confidence and skill. We can offer sessions in Archery, Kayaking, Canoeing, Climbing, Abseiling, Mountain Biking and Navigation and more information can be found on our [website](#).

The **Duke of Edinburgh's Award** is a key part of the extra-curricular program of so many schools. As an Approved Activity Provider for the DofE we can offer a number of solutions to help you achieve your goals for your students. Whether it is providing training or expedition support or opportunities to complete other sections of the award we can help you. For more information please see our [Duke of Edinburgh Award Information Sheet](#).

First Aid and Safety Training is so important in the workplace and for those who are working with children. We can offer a number of different First Aid courses, together with Fire Safety and Manual Handling, that could satisfy the needs of your organisations risk assessments. We can not only offer training but a full system of reminder and renewal to take the burden off the school so that appointed employees remain current and competent. For more information please see our [First Aid information Sheet](#) and also our [Health and Safety Information Sheet](#).

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The logo for Creative Outdoors is displayed in a white, lowercase, sans-serif font. It is positioned in the bottom right corner of the page, overlaid on a background image of a rugged, rocky landscape under a cloudy sky. The text 'creative outdoors' is written in a clean, modern style, with the 'o's in 'creative' and 'outdoors' being slightly larger and more prominent.

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